



### This Month Highlights:

- [Estate tax Repeal---Is it real?](#)
- [Military Retirees get Recruiting Bonus](#)
- [Free Directory Assistance](#)

\*\*\* E-zine August 2006 \*\*\*

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or "hip resurfacing"- a newer procedure that can also provide relief. Overall health is the prime focus of physicians today when determining the best path of treatment for a particular individual.





### **Time for a Lube?**

Jiffy Lube offers a Senior Citizen's discount, which varies from region to region. Please contact your local Jiffy Lube to find out your specific discount.

### **No Charge For Directory Assistance**

One of the many changes that has taken place in the telephone industry in the last few decades is that while phone companies once generally provided their local customers with free directory assistance (via the 411 phone number), in most cases telephone customers are now charged a fee (typically \$1.00 or more) for each directory assistance call. Despite the charges, US

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Yes? Well...I work with people who are on the Elderly Waiver, and other waivers, and people who pay for their care privately." He pointed at me and continued: "Nobody wants to do all that

minimize the damage if a problem occurs:

- **Deter** - identity thieves by safeguarding your information
- **Detect** - suspicious activity by routinely monitoring your financial accounts and billing statements;
- **Defend** - against ID theft as soon as you suspect a problem

For more information: <http://www.consumer.gov/idtheft/>

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## H. OH MY AGING FUNNY BONE

### Gotta Be Over 40 to Understand

Mom used to cut chicken, chop eggs and spread mayo on the same cutting board with the same knife and no bleach, but we didn't get food poisoning.

My mom used to defrost hamburger on the counter AND I used to eat a bite raw sometimes, too. Our school sandwiches were wrapped in waxed paper, in a brown paper bag, not in icepack coolers, but I can't remember anybody getting e.coli.



