

national 102 Talking-Book Club, which honors centenarian patrons for their lifelong devotion to reading. Those unable to attend NLS book-club meetings can often participate by telephone or computer. Online-only clubs are also available, allowing NLS patrons nationwide to connect with other sighted and visually impaired book-lovers to aShut leavwinghome.h

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heating and energy assistance to prescription savings programs to income supplements, there are many public programs available to seniors in need--if they only knew about them and how to apply for them.

Developed and maintained by The National Council on Aging (NCOA), Benefits Check Up is the nation's most comprehensive web-based service to screen for benefits programs for seniors with limited income and resources.

<http://www.benefitscheckup.org>

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G.SPECIAL SURFING SITES

Big Band/Swing on the Internet

KCEA is a non-profit, non-commercial, educational radio station. Their musical format is Big Band/Swing. The musical concept is "Music and Memories." Senior's music is still alive and swinging! KCEA is keeping alive the music of the '20's, '30's and '40's twenty-four hours a day, seven days a week. Listen at

<http://www.kcea.org/>

Get your own music at

<http://www.seniorresource.com/SRBaz.htm#music>

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H. OH MY AGING FUNNY BONE

While Moseying Down the Mississippi

Way down upon the Mississippi, two tugboats who had been friends for years would always cry "Aye!" and blow their whistles whenever they passed each other.

A new crewman asked his mate, "What do they do for?"

The mate looked surprised and replied, "You mean you've never heard of... an eye for an eye and a toot for a toot?"

Retirement, a Wife's View

